



UMC FOUNDATION
Abundant Life for Seniors

Comfort, Connection, and Care:

A Daughter's Story of Peace of Mind



Over a decade ago, Deb R.'s mother, Sue, decided it was time to trade her large four-bedroom home for a simpler, safer lifestyle. *"She lived alone for many years, and the upkeep of that house was a lot,"* Deb recalls. *"It made me feel better knowing that if something happened, somebody would be there."*

Although they toured several communities, Sue fell in love with the bright, two-bedroom apartment at Bristol Glen, UMC's campus in Newton, NJ. The community offered independence, social connection, and a sense of home. The best part? Sue would remain close to family and have enough room to host her children and grandchildren.

In Independent Living, Sue quickly found her circle of friends, joining weekly outings and a Sunday Bridge group. *"Even after she stopped driving, the bus took her grocery shopping and to the theater. She stayed active and independent,"* Deb recalls.

As Sue's care needs changed, Bristol Glen adapted with her. The community's continuum of care ensured each transition was smooth, and Deb never doubted that her mother was in capable hands. *"At every step of the way, they've been able to provide what she's needed,"* she shares. *"It gives me peace of mind knowing she's safe, cared for, and surrounded by people who know and love her."*

That connection extends beyond staff to include volunteers who bring joy into residents' daily lives. Deb remembers one in particular, affectionately known as **"Library Chris,"** who brought books to Sue every two weeks and still visits her in healthcare today. *"It's those little things that make a big difference,"* Deb says.

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Now 97, Sue is still able to enjoy a full and joyful life—reading, doing arts and crafts, attending chapel every Wednesday, and joining seasonal celebrations with her daughter by her side. *“Bristol Glen helps more than just her physical health,”* Deb reflects. *“It supports her emotional and spiritual well-being, too.”*

Deb explains that knowing her mother will always have a home with UMC and that her community is able to handle whatever needs may arise brings them immense comfort and reassurance. If you ask about her mom’s experience at Bristol Glen, she’ll tell you it’s more than a place where her mom lives—it’s a community that gives them both peace of mind.

For Deb’s family, supporting the UMC Foundation means helping families find security, dignity, and connection in every season of life.

By earmarking a contribution for our Area of Greatest Need, Gift of Care Circle, or UMC location close to your heart, you help ensure that **all** residents continue to receive compassionate care, joyful connection, and a true sense of home, today and for generations to come.

Scan the QR code below or visit SupportUMCF.org to see how you can give seniors the gifts of compassionate care, innovative health technology, and independent living this holiday season. If you’d prefer to Give the Gift of Care by check, please complete both sides of the attached form and mail your gift in the enclosed return envelope.



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